

The greatest Emotion is Love.

The greatest quality is seeking to serve others.

The greatest gift is your own Life.

The greatest pleasure is CHOCOLATE!

The greatest thing you'll ever learn is that there's  
always something new to learn.

The greatest virtue is temperance.

The greatest meditation is a peaceful mind.

The greatest practice is to be Kind.

The greatest challenge is to let go.

The greatest wisdom is to be in the NOW