

What you want, what you desire is not found outside yourself. While it may appear that happiness, peace, and success must be pursued, travelled to, or found, the truth is that everything is within you already. To gain what you want, you must peer inside your soul to the deepest of your abilities.

There are two ways of looking at this: people find their happiness through the pursuit of life or people pursue life because they are happy. I believe that to truly be happy on a real, not superficial, level you must find your honesty. You must begin to communicate openly and truthfully with yourself. There is a curtain of lies, fear, anger, and sadness that must be pulled away from the window of your soul to reveal a way of living that is true to you.

There is no need to do what you think you must to be happy. Everyone is different and it is your job to live in your own way, not in other people's ways. Sure, you can travel, sing, dance, and party but you don't have to. I stress that you don't have to do anything unless you want to. 'Should' is the word that destroys lives. I should do this. I should do that. No! Act in the ways you WANT to act. I want to do something and so I will, not I should to that and so I might.