Sir Godfrey Gregg

But we've spent a lifetime being afraid of making wrong choices that we have never had the guts to make any. We've wasted our days worrying about what may happen next that we've forgotten to enjoy what's really happening. We've stayed where we should've left. We cared for what we had to ignore. And we've built many walls around ourselves to an extent that light has never found its way through our darkness. In a matter of fact, our worst enemies and most monstrous demons do live inside us, and they lay right in the back of our heads or in the core of our chests