They are honest in relationships.

Relationships can put an amazing amount of stress and strain on a person, especially when things are going wrong. A nice person may try to stay in a relationship for too long, attempting to force something that isn't there. But a truly good person will be honest in their relationship and move it forward when things are going well and end it when the time comes. It's difficult, if not impossible, to live up to your lofty potential when your relationship is dragging you down. Be honest about how you feel and stay loyal when you've committed.