

Sir Godfrey Gregg

There are many things you can't control. You can't control traffic, your boss's actions or the outcome of a sporting event. But here is one thing you can control: **Your attitude.**

You can't control the weather, but you can choose to sing in the rain. You are in command of Your own actions and reactions. You choose whether to become angry or remain calm, whether to be upbeat or negative. Take charge of your mental attitude. You can load up on the negative and harmful attitudes. You can load up on the negative and harmful, or you can put a filter on your thoughts. It's up to you.

Choose to be a positive thinker. There's partly sunny every single day. The sun is shining behind the clouds. Look for some rays.

Make it a habit to look for the best instead of the worst, wear a smile, and give the other guy a break. It's your life, after all. Take charge of it!

What you think, You are.